

Illuminating the black box of high-dependency care

Hannah Wunsch, MD MSc

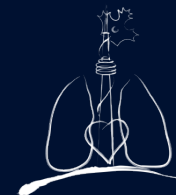
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UNIVERSITY OF
TORONTO

Interdepartmental
Division of Critical
Care Medicine



Terminology

- Intermediate care
- Intermediate intensive care
- Step-down care
- High-dependency care
- Transitional care
- Respiratory weaning care

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Traditional model of care options

ICU

Ward

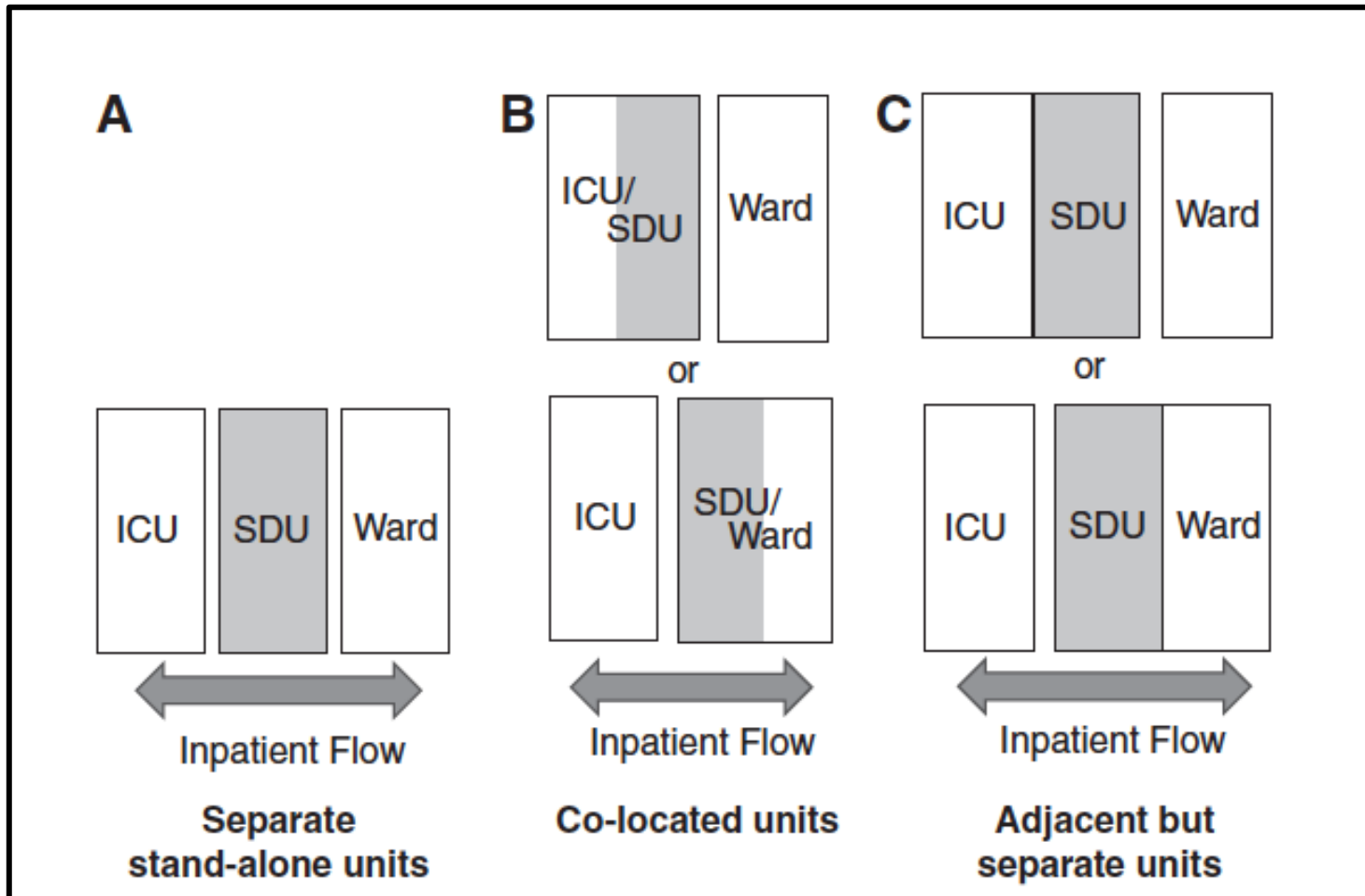
Real model of care options

ICU

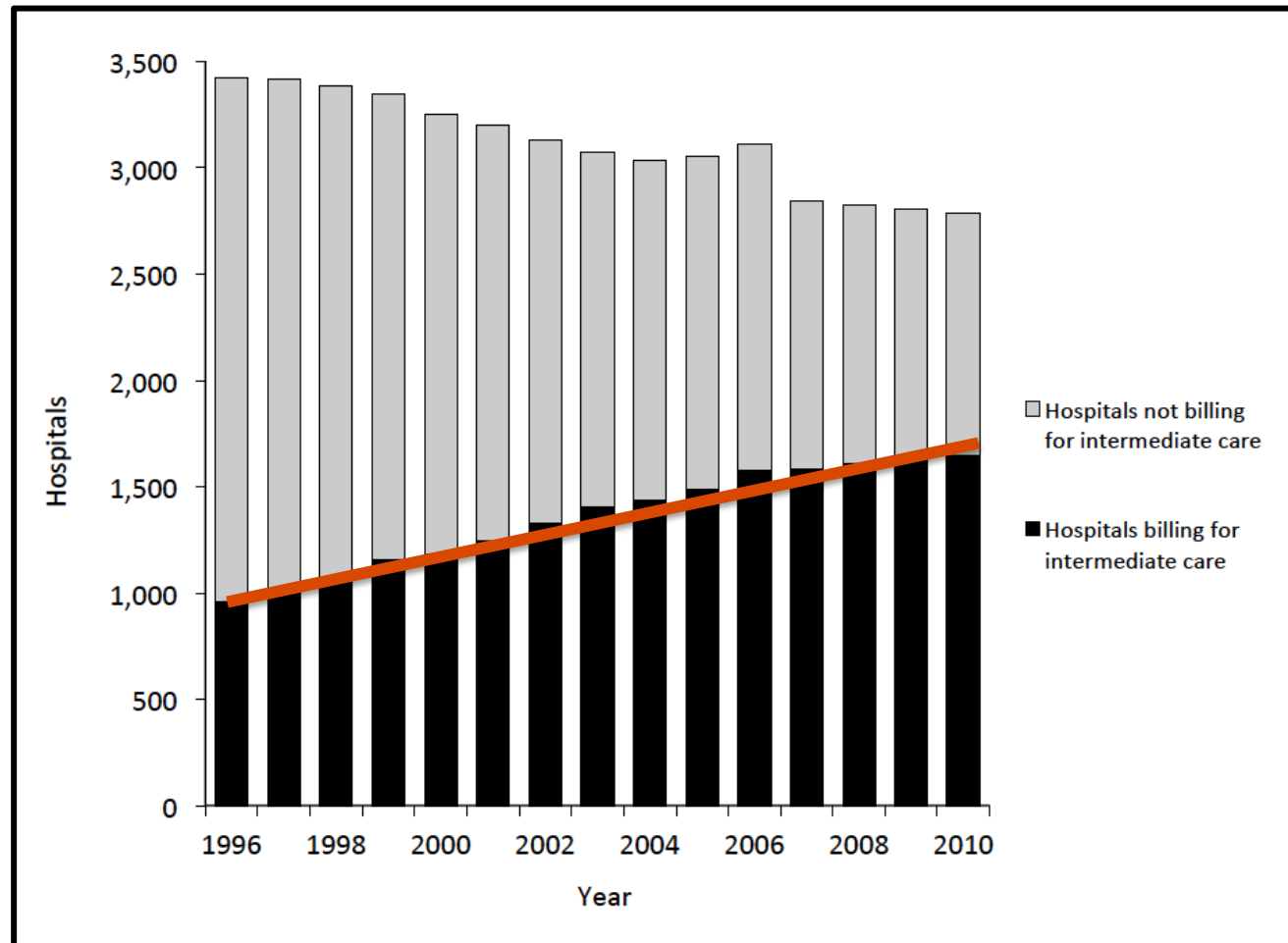
IMC

Ward

IMC bed options

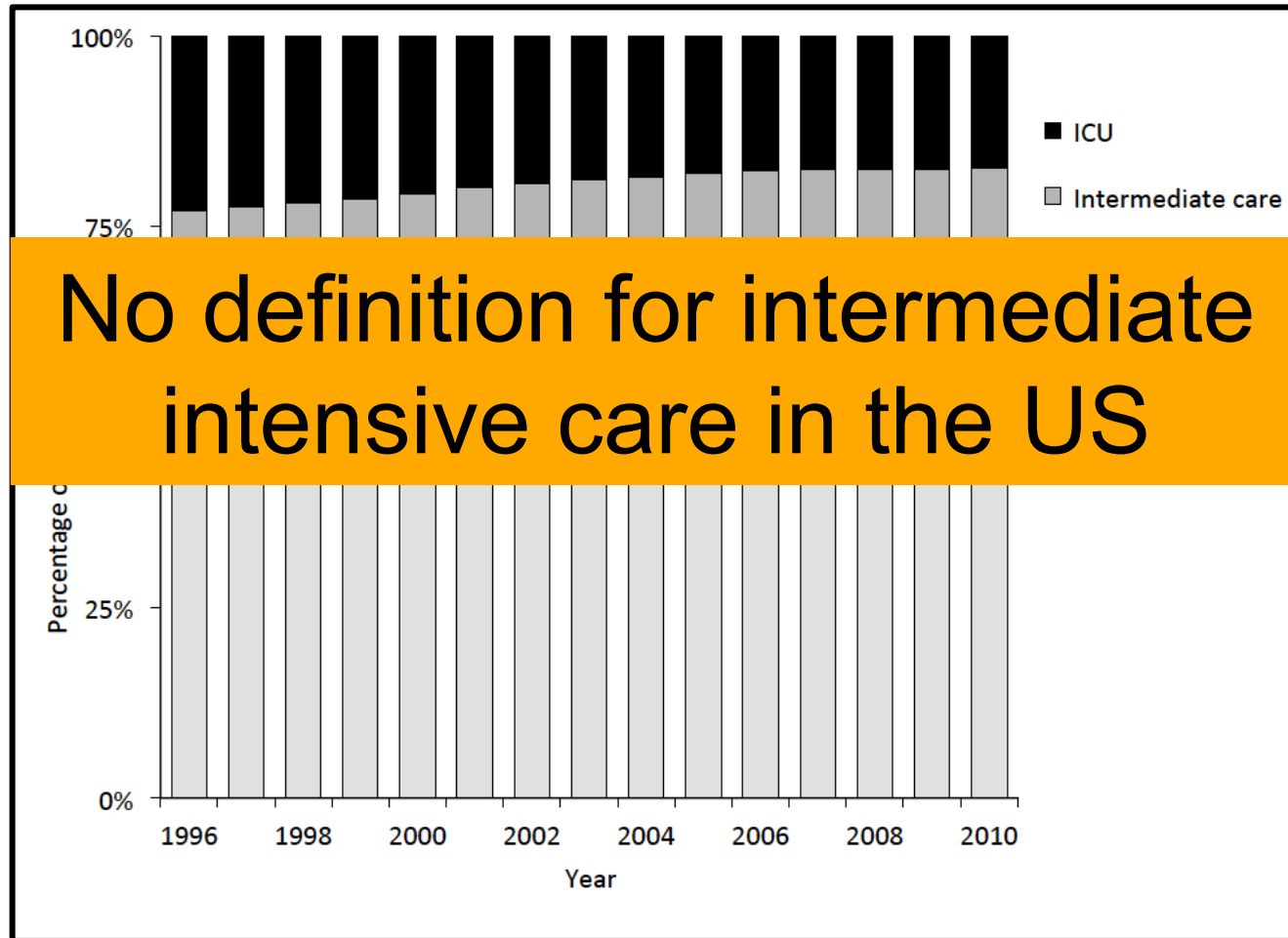


Percentage of US hospitals billing for intermediate intensive care



Sjoding et al *AJRCCM* 2015

Percentage of patients receiving intermediate intensive care



European data

Capuzzo et al. *Critical Care* 2014, **18**:551

<http://ccforum.com/content/18/6/551>



RESEARCH

Open Access

Hospital mortality of adults admitted to Intensive Care Units in hospitals with and without Intermediate Care Units: a multicentre European cohort study

Maurizia Capuzzo^{1*}, Carlo Alberto Volta¹, Tania Tassinati¹, Rui Paulo Moreno², Andreas Valentin³, Bertrand Guidet^{4,5}, Gaetano Iapichino⁶, Claude Martin⁷, Thomas Perneger⁸, Christophe Combescure⁸, Antoine Poncet⁸, Andrew Rhodes⁹ and on behalf of the Working Group on Health Economics of the European Society of Intensive Care Medicine

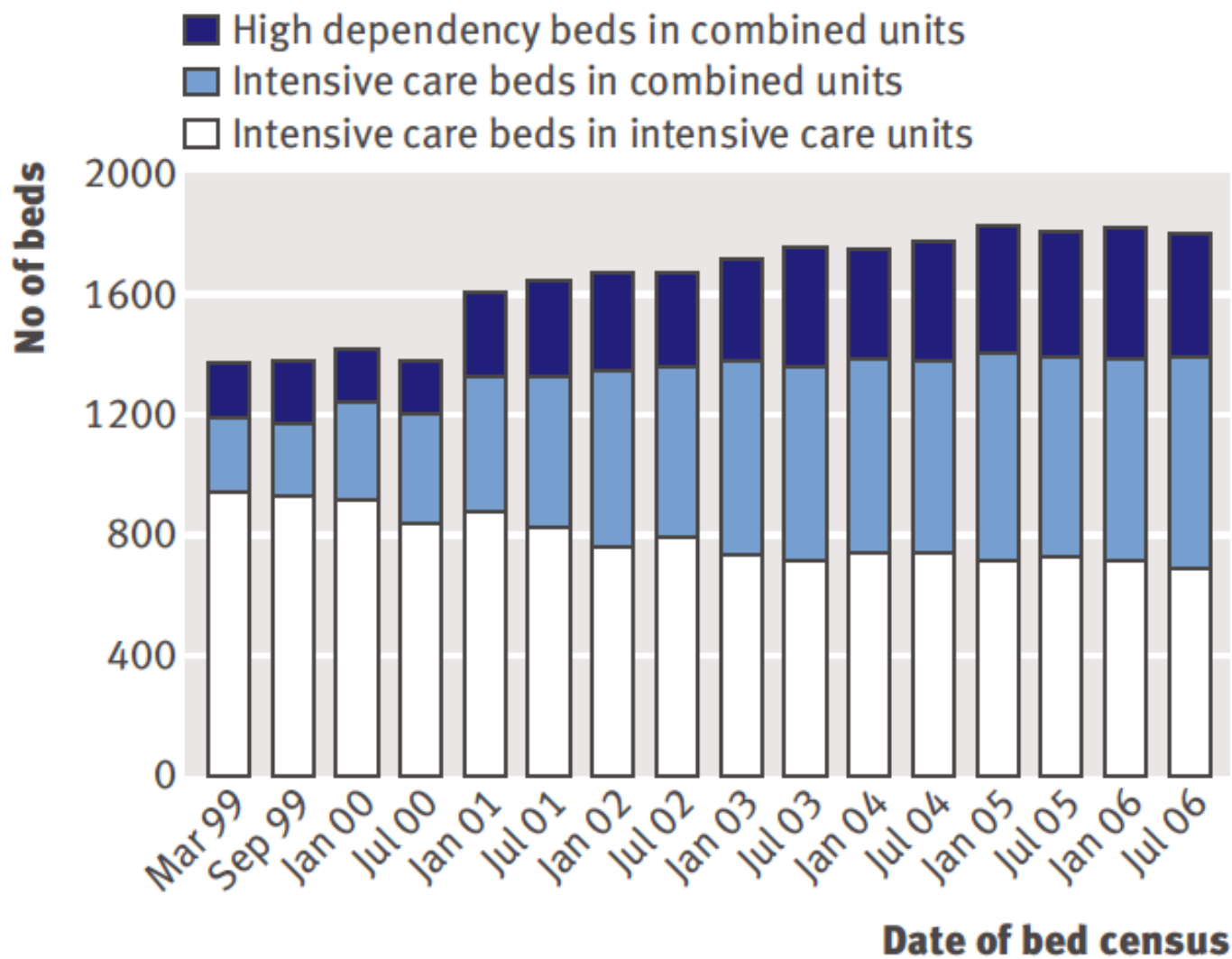


Fig 2 | Number of critical care beds in England located in general units providing intensive care 1999-2006



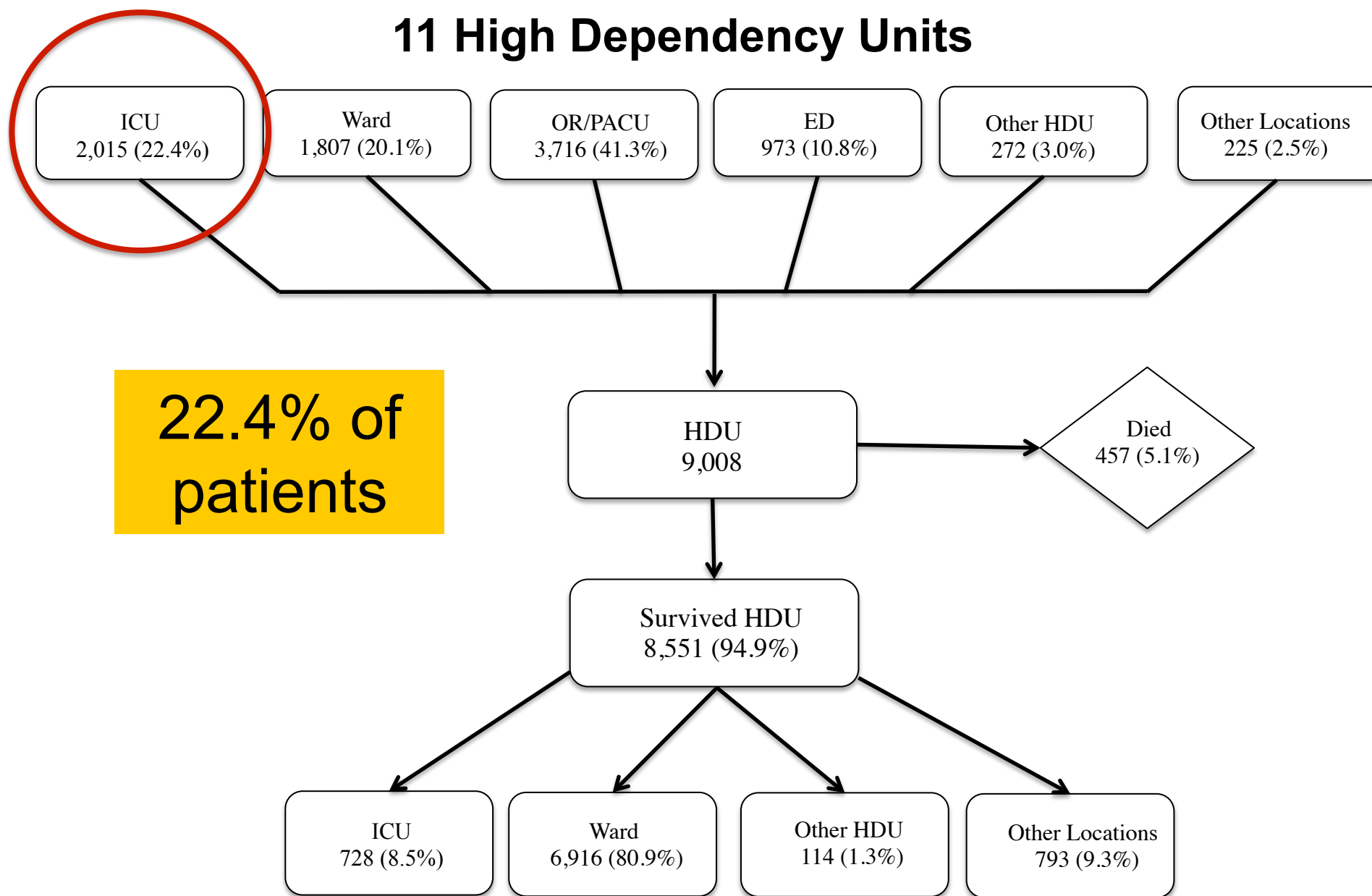
Two potential uses

- Transition patients out of the ICU
- Avoid use of an ICU bed altogether

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- **Transition patients out of the ICU**
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11 High Dependency Units



ORIGINAL ARTICLE



The Impact of the Organization of High-Dependency Care on Acute Hospital Mortality and Patient Flow for Critically Ill Patients

Hannah Wunsch^{1,2,3}, David A. Harrison⁴, Andrew Jones^{4,5}, and Kathryn Rowan⁴

¹Department of Critical Care Medicine, Sunnybrook Health Sciences Centre, Toronto, Ontario, Canada; ²Department of Anesthesia, University of Toronto, Toronto, Ontario, Canada; ³Department of Anesthesiology, College of Physicians and Surgeons, Columbia University, New York, New York; ⁴Intensive Care National Audit and Research Centre, London, United Kingdom; and ⁵Department of Intensive Care, Guy's and St Thomas's NHS Foundation Trust, King's Health Partners, London, United Kingdom

	Acute hospital mortality	Adjusted Odds Ratio	P value
Integrated HDU	19.0%	Ref	<0.001
"Dual" HDU	16.2%	0.94 (0.86-1.03)	0.16

Night discharges, Readmissions, Delayed discharges

	Integrated HDU	Separate HDU	P value
Night discharges (22:00 to 06:59)	8.1%	14.5%	<0.001
Readmissions to primary unit	5.7%	6.9%	<0.001
Delayed discharge from primary unit	19.9%	10.8%	<0.001

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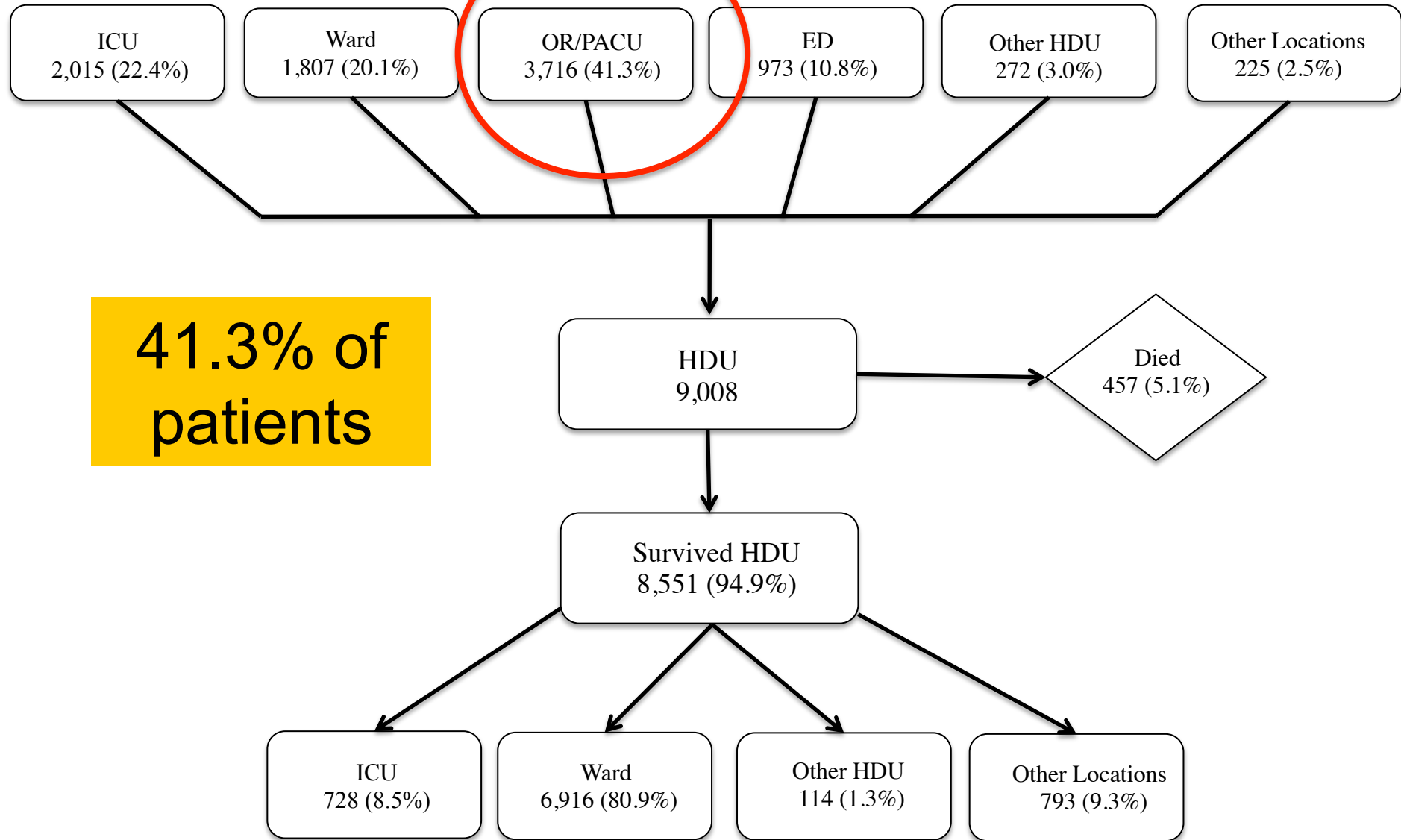
Patient perspective?



Two potential uses

- Transition patients out of the ICU
- **Avoid use of an ICU bed altogether**

11 High Dependency Units



<p>UNTIL P F</p> <p>MONTHLY CRITICAL</p>	Month	Urgent Operations Cancelled	<p>RY 2016 e</p> <p>URGENT OPERATIONS</p>
	January 2014	261	
	February 2014	244	
	March 2014	232	
	April 2014	228	
	May 2014	241	
	June 2014	210	
	July 2014	261	
	August 2014	265	
	September 2014	246	
	October 2014	301	
	November 2014	319	
	December 2014	408	
	January 2015	396	
	February 2015	375	
	March 2015	317	
	April 2015	318	
	May 2015	320	
	June 2015	266	
	July 2015	296	
	August 2015	274	
	September 2015	309	
	October 2015	378	
	November 2015	244	
	December 2015	332	
	January 2016	293	

Increasing use of NIV

British Journal of Anaesthesia 109 (3): 305–14 (2012)
doi:10.1093/bja/aes270

BJA

REVIEW ARTICLES

Non-invasive ventilation for weaning, avoiding reintubation after extubation and in the postoperative period: a meta-analysis

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¹ NICE Scholar 2010 and Department of Critical Care, Sheffield Teaching Hospitals NHS Foundation Trust, Herries Road, Sheffield S5 7AU, UK

² School of Health and Related Research (SchARR), University of Sheffield, Regent Court, 30 Regent Street, Sheffield S1 4DA, UK

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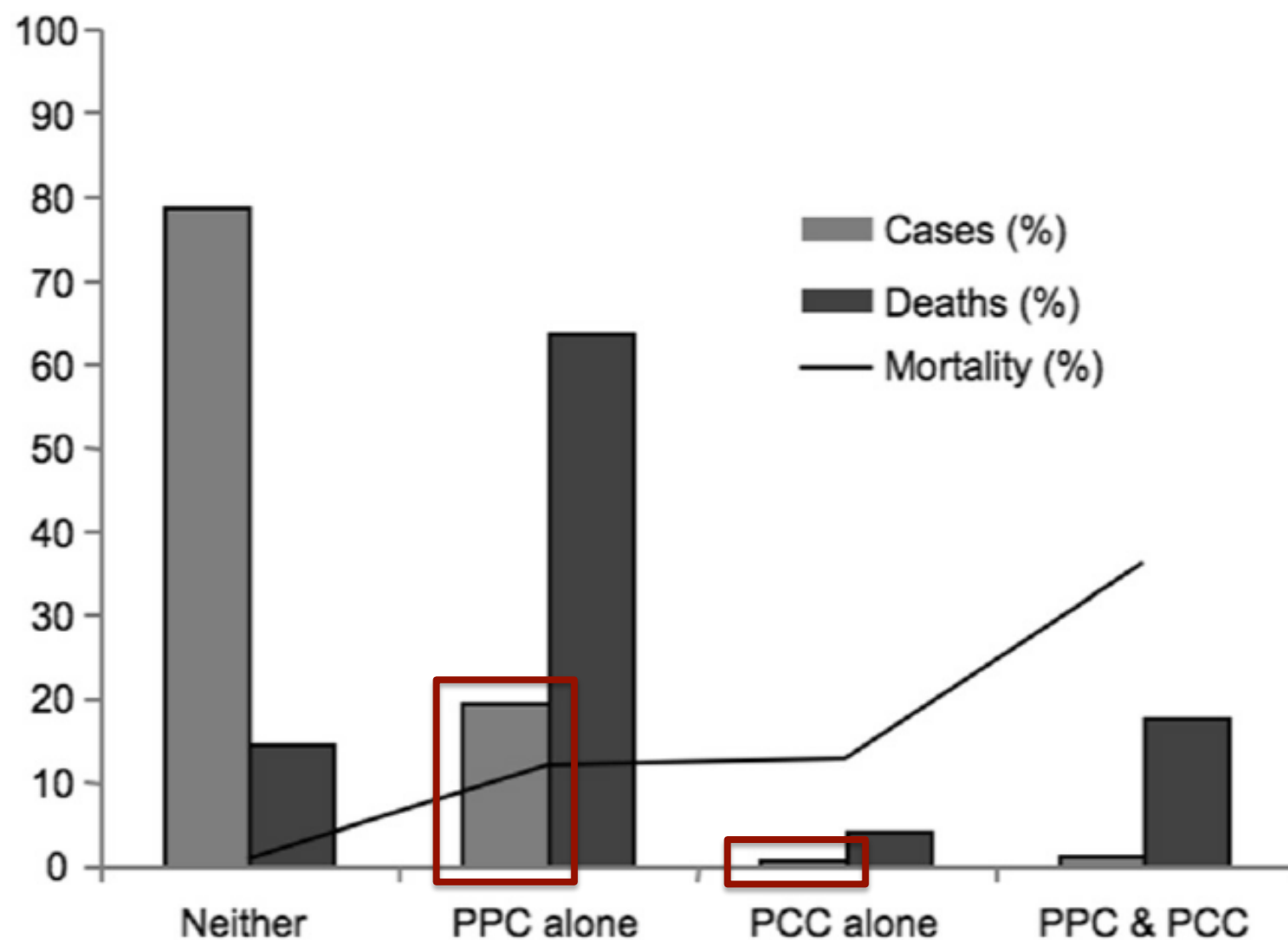
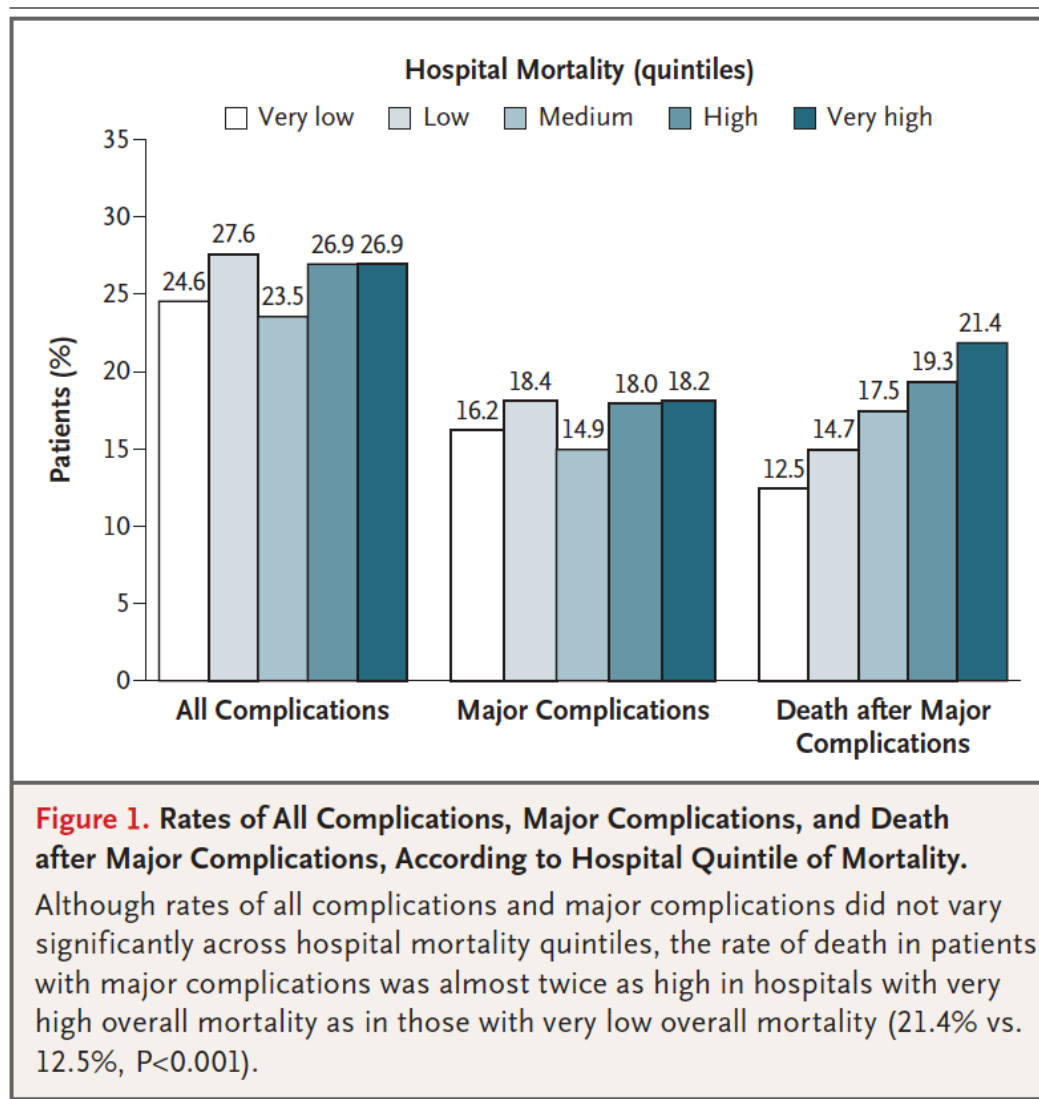


Figure 1 Incidence, case distribution, and mortality for postoperative complication groups.

Allow for “rescue”



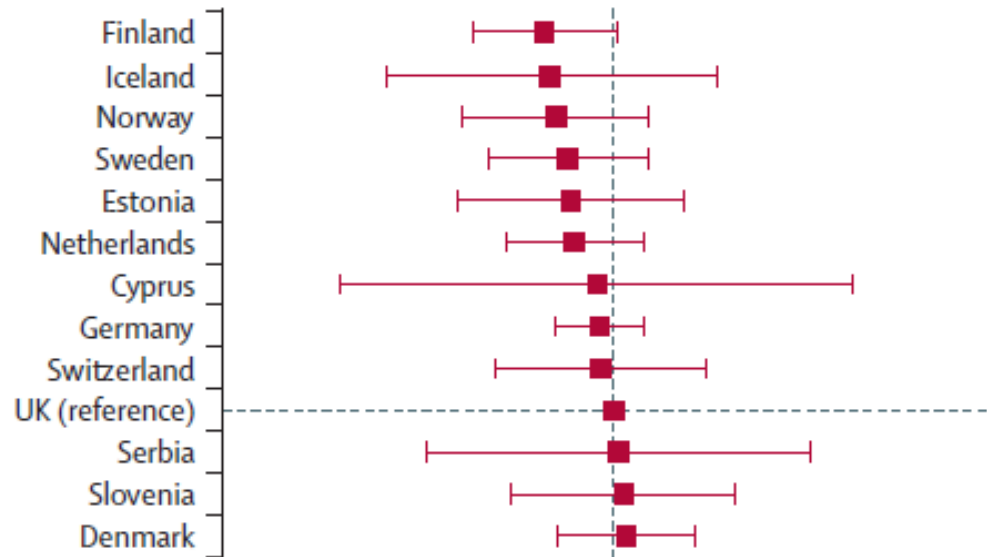
11 HDUs in the UK

Most common admission diagnoses		Basic organ support during HDU stay ^b	
	N (%)		N (%)
Medical patients (n=5,337)			
Infection	1,204 (22.6)	Respiratory	2,988 (56.0)
Trauma	764 (14.3)	Cardiovascular	4,154 (77.8)
Obstruction	609 (11.4)	Renal	90 (1.7)
Elective surgical patients (n=2,692)			
Obstruction	1,822 (47.2)	Respiratory	1,054 (39.2)
Tumour or malignancy	1,176 (43.7)	Cardiovascular	2,190 (81.4)
Miscellaneous ^a	298 (11.1)	Renal	12 (0.5)
Emergency surgical patients (n=979)			
Trauma	251 (25.6)	Respiratory	440 (44.9)
Obstruction	251 (25.6)	Cardiovascular	824 (84.2)
Tumour or malignancy	103 (10.5)	Renal	2 (0.2)

Mortality

Rupert M Pearce, Rui P M
Andrew Rhodes, for the B
and the European Society

Summary
Background Clinical



2012; 380: 1059-65

73% of patients who died were never admitted to an "ICU"

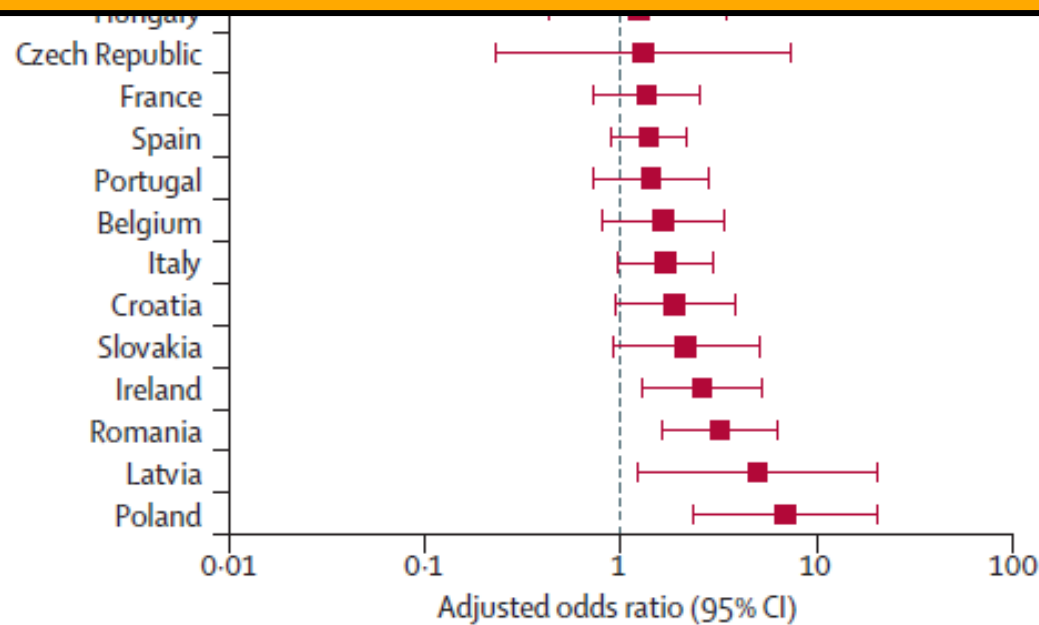


Figure 3: Adjusted odds ratio for death in hospital after surgery for each country

Unexpected findings & unanswered questions

- Mortality
- Length of stay
- Costs
- Staffing



Changes in Intensive Care Unit Performance Measures Associated With Opening a Dedicated Thoracic Surgical Progressive Care Unit

Mark T. Keegan, MB, MRCPI,* Daniel R. Brown, MD, PhD, FCCM,* Michael P. Thieke, RN, NM,†
and Bekele Afessa, MD‡

Table 3. Mortality Performance Measures

Variables	Observed	Customized Predicted	SMR (95% CI)
ICU mortality (%)			
Pre-PCU	1.14	1.68	0.681 (0.47-0.96)
Post-PCU	7.27	6.07	1.198 (0.96-1.47)
Hospital mortality (%)			
Pre-PCU	2.89	3.48	0.830 (0.66-1.03)
Post-PCU	11.90	9.58	1.242 (1.05-1.46)

Outcomes Following a Shortage of High Dependency Unit Beds for Surgical Patients

D. R. McILROY*, B. D. COLEMAN†, P. S. MYLES‡

Department of Anaesthesia and Pain Management, Alfred Hospital, Melbourne, Victoria, Australia

TABLE 2
Hospital length-of-stay

	HDU	No HDU	<i>P</i> value
Hospital length-of-stay median	14.5	7.5	0.004
Log length-of-stay mean (SD)	14.3 (2.2)	8.1 (3.2)	0.007
<i>Excluding patients with obstructive sleep apnoea</i>			
Hospital length-of-stay median	13.5	8.5	0.01
Log length-of-stay mean (SD)	13.1 (2.1)	8.2 (2.5)	0.017
<i>All patients</i>			
Day 1 QoR score mean (SD)	13.5 (2.4)	14.9 (2.1)	0.01

Research

Open Access

Changes in hospital costs after introducing an intermediate care unit: a comparative observational study

Barbara CJ Solberg¹, Carmen D Dirksen², Fred HM Nieman², Godefridus van Merode³,
Martijn Poeze⁴ and Graham Ramsay^{4,5}

Critical Care 2008, 12:R68

Results The mean total hospital cost per patient increased significantly.

Conclusion After the introduction of the IMC, the higher mean total hospital costs for patients with a high TISS score and longer ICU stay explained the cost increase.

Key Message #3: “Optimal size and utilisation of the IMC may reduce the total hospital cost per patient”

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	Acute hospital mortality	Adjusted Odds Ratio	P value
Intensivists	18.5%	1.06 (0.93-1.22)	0.39
Non-intensivists	15.2%	0.88 (0.78-1.00)	0.054
Combined	14.3%	0.81 (0.68-0.96)	0.016

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Shared	14.3%	0.81 (0.68-0.96)	0.016

Other options for care

- PACU
- Recovery room
- Observation unit
- Ward
- ICU
- "Level 1" or other intermediate care

*******Nursing*******

Conclusions – intermediate care

- Understudied
 - Terminology
 - Varied configurations of beds
- For ICU patients:
 - Trade-offs
- 'Systems' outcomes:
 - Mixed

Intermediate Care



Thank you!

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